



## DISCOVERY CAMP

# KIDS KITCHEN

ISSUE 6

**SITE SUPERVISOR: LINDSEY**  
**ACTIVITY LEADER: KAYMA**  
**ACTIVITY LEADER: TORI**



This week campers learned about different types of food and how they are made. They also discussed the macro-nutrient groups that these foods are associated with, such as proteins and carbs. Staff also discussed the different forms of measurement used in cooking with the campers. (tablespoons, pints, cups, ect.) This week, campers also went on a field trip to the Crowes Nest Farm in Manor, Texas and got to meet some really neat farm animals.

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*Life on the  
Farm*